

Reflecting Jesus - Kindness

Scripture:

Matthew 9:18-26

Also

Ephesians 2:7-8, 4:32

Discussion Questions

What has challenged you, changed you or confused you from this week's sermon or the Scripture passages?

1. **Can you describe a time in your life when someone showed you kindness?**
 - **What made it feel that way?**
 - **What impact did it have on you?**
2. **In the sermon, several ways were listed to help us practice kindness:**
 - Treat others the way you want to be treated.
 - Practice random acts of kindness, expecting nothing in return.
 - Be accessible like Jesus "you just never know."
 - Remember your words and deeds have great power.
 - Look for the good in people and build the bridge with kindness.
 - Be empathetic.
 - Find opportunities to add value to others.
 - Be the first person to say hello.
 - **Which of these ways do you think our world needs to see kindness expressed, and why? Are there other avenues of expressing kindness that you would add?**
 - **Have you seen someone who's really good at living in a kind way? What did it look like? How were people impacted by them?**
3. **Is it easier to be kind to strangers or people you're close to? Why?**
 - Read Romans 2:4, and perhaps some of the surrounding verses. **If someone sins against you, do you show them kindness? Why or why not?**
4. **What would it take for you to show more kindness:**
 - **In your home?**
 - **At work?**
 - **At school?**
 - **In public?**

Spend some time thanking God for His kindness shown to you; ask Him to help make your character reflect Him more!