

REFLECTING



JESUS

NOTES:

———— PRACTICING KINDNESS ————

- Treat others the way you want to be treated.
- Practice random acts of kindness, expecting nothing in return.
- Be accessible like Jesus – you just never know.
- Remember your words and deeds have great power.
- Look for the good in people and build the bridge with kindness.
- Be empathetic.
- Find opportunities to add value to others.
- Be the first person to say hello.

SEPTEMBER 19