

SET FREE

7 SPIRITUAL TRUTHS TO APPLY TO YOUR LIFE

1. **Remind yourself of what Jesus did for you.**
Jesus sets me free from _____.
2. **Ask the Holy Spirit to give you better thoughts.**
Jesus sets me free from _____.
3. **Put into practice your new ability to say no.**
Jesus sets me free from _____.
4. **Turn your thoughts to God whenever you're afraid.**
Jesus sets me free from _____.
5. **Focus on the long term, not the short term.**
Jesus sets me free from _____.
6. **Remind yourself that God is good and in control.**
Jesus sets me free from _____.
 1. The Holy Spirit is praying for me.
 2. God is using everything for good in my life.
 3. God is for me.
 4. God will give me what I need!
7. **Trust that God will never stop loving you.**
Jesus sets me free from _____.